

# Greatview Menu Planning

Spring Farm,  
Montego Bay,  
Jamaica



## STARTERS / APPETIZERS

Smoked marlin with red peppers and capers  
Baked crabmeat spread  
Deep fried chicken wings – “Hot Wings Delores”  
Black bean and sour cream nachos  
Light artichoke dip  
Assorted cheeses and pates  
Cucumber and carrot rounds  
Roasted red pepper dip  
Cream cheese and herb dip  
Veggie pizza bites  
Brushetta  
Stuffed mushrooms  
Escargot in garlic and herbs  
Caviar with boiled egg and white onion bits

## SOUPS

Pepper Pot  
Gungo pea  
Fish soup  
Asparagus  
Red pea  
Celery  
Cucumber and yogurt  
French onion  
Gazpacho  
Vichyssoise  
Mushroom

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Avocado  
Corn bisque  
Chicken noodle  
Mexican bean  
Roasted red pepper  
Summer vegetable

### SALADS

Greek salad  
Potato salad  
Seafood combo salad  
Vegetable salad Delores  
Pear, pecan and spinach salad with poppy seed dressing  
Goat cheese and beetroot spinach salad  
Caesar salad  
Prawn, lime and coriander salad  
Classic Waldorf  
Fruit and cabbage slaw  
Honey-lime berries and greens salad  
Fresh spinach with hearts of palm  
Crisp beet and zucchini salad  
Cucumber and sour cream salad

### PASTAS

Black and white bean tortelloni  
Artichoke sauce over fettuccini  
Chicken pesto penne Primavera with basil cream Lasagna (meat or vegetarian)  
Spaghetti Bolognese Fettuccini Alfredo  
Linguini with sun dried tomato pesto  
Angel hair pasta with sautéed shrimp and a mushroom cream sauce

### FISH

Escoveitched  
Run Down mackerel  
Red snapper with lime coriander marinade  
Salmon with lime ginger mayonnaise  
Shrimps and scallops in coconut milk  
Pan seared sea bass with red onion and lemon (availability)  
Lime prawns with green mango salad  
Grilled salmon steaks with avocado relish  
Pecan crusted snapper  
Swordfish steaks (availability)  
Coquilles Saint Jacques  
Scallops meuniere  
Salmon in black bean sauce

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NOTE: Lobster in season, Crab, Scallops and Shrimp are available grilled, BBQ'd, poached, steamed or any way you like them.

### BEEF PORK and LAMB

Beef tenderloin with ackee and callaloo  
Orange beef stir fry  
Mexican lasagnaSteaks with red wine-mushroom sauce  
Coconut beef stir fry  
Steak au Poivre  
Beef Wellington  
Greek marinated leg of lamb  
Herb crusted rack of lamb  
Grilled lamb chops Dijon  
Glazed pork tenderloin with roasted sweet potatoes  
Roast pork with apple stuffing  
Pork with ginger and honey  
Grilled fillet mignon with Portobello mushrooms

### CHICKEN / FOWL

Fricasseed chicken  
Roasted Cornish hens with herb glaze and basil stuffing  
Honey glazed cashew chicken stir fry  
Coconut chicken curry  
Sesame chicken  
Chicken, Italian sausage, and sweet pepper skewers  
Baked chicken breast with mango chutney sauce  
Coq au vin  
Jerk chicken  
Grilled balsamic chicken with limes  
Polynesian turkey breast

### LUNCH PRE-PLANNED MENUS

#### **LUNCH MENU # 1**

Gazpacho soup

Coronation chicken served on a bed of lettuce and toasted nuts

Homemade cookies and ice cream

#### **LUNCH MENU # 2**

Grilled vegetable tart on puff pastry

Chocolate mint cup cakes

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### **LUNCH MENU # 3**

Classic salad Nicoise

Lemon Float

### **LUNCH MENU # 4**

Made to order pizzas with Delores special pizza crust

Baked rum bananas

### **LUNCH MENU # 5**

Shrimp or chicken quesadillas

Grape Gelato with whipped cream

### **LUNCH MENU # 6**

Tuna stuffed pita bread sandwiches with alfafa sprouts

Deviled eggs

Salad of assorted greens and creamy garlic dressing

Lemon Brule tart

### **LUNCH MENU # 7**

Calaloo quiche with Caesar salad

Apple pie

### **LUNCH MENU # 8**

Creamy asparagus soup

Artichoke pasta sauce over fettuccine

Chocolate cherry cake

## **DINNER PRE-PLANNED MENUS**

### **DINNER MENU # 1**

Chilled cream of celery-dill soup served with freshly baked Italian flat bread and dipping oil

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Fresh spinach salad with pine nuts and herb oil dressing

Roasted salmon fillet with Mediterranean crust and black bean salsa

Wild rice, dilled corn and zucchini

Key Lime pie

### **DINNER MENU # 2**

Roasted red pepper soup with homemade croutons

Greek salad with crumbled feta cheese and kalamata olives

Lobster, shrimp or crab Newburg served over basmati rice

Zucchini puffs

French lemon tart

### **DINNER MENU # 3**

French onion soup

Salad of fresh greens with strawberries and honey/lime dressing

Herb crusted rack of lamb served with garlic mashed potatoes

Buttered steamed vegetables

Strawberry Delight

### **DINNER MENU # 4**

Gingered carrot soup with a hint of nutmeg

Salad crisp with beets, zucchini and a light citrus dressing

Sesame chicken with homemade cranberry sauce and pineapple chutney

Sweet potato casserole and steamed broccoli

Chocolate almond mouse

### **DINNER MENU # 5**

Cool cucumber soup with fresh mint and Italian flat bread

Roasted bell pepper salad with garlic and anchovies

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Coconut chicken (or lamb) curry with assorted Indian side dishes of rice, eggs, bananas, onions and chutney

Pineapple ice

### **DINNER MENU # 6**

Avocado crepes with succulent crab filling

Honey/ lime berries and greens salad

Shrimp Madras

Fresh asparagus and sweet fried plantain

Crème brulee

### **DINNER MENU # 7 BBQ NIGHT**

Jamaican red bean soup with coconut milk

Grilled burgers, ribs, sausages, shrimp, lobster, chicken or steak

Veggie kabobs

Homemade ice cream

### **DINNER MENU # 8**

Vichyssoise

Avocado salad with shrimp, tomatoes and a sweet turmeric balsamic dressing

Grilled honey mustard glazed steaks with Portobello mushrooms

Buttered baked potatoes

Grasshopper torte

### **DINNER MENU # 9 JAMAICAN NIGHT**

Conch fritters, plantain chips and mango salsa

Chicken vegetable soup

Jerk chicken and pork cooked over pimento logs at Greatview's fire pit

Rice and peas, breadfruit, plantain, calaloo

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Bread pudding with rum sauce

NOTE: LIVE LOBSTER IN SEASON CAN BE GRILLED, BBQ'D, SERVED THERMIDOR OR JUST AS YOU LIKE IT!