

# *Fairway Manor*

## Day 1:

Dinner - Cream of Pumpkin Soup  
Fresh Garden Salad with Lime Dressing  
Roasted Chicken with White Rice and Beans  
Sauteed Green Beans and Carrots  
Coconut Cream Pie

## Day 2:

Dinner - Fresh Basil Tomato Soup  
Tomato, Cucumber and Onion Salad  
Curry Shrimp with Mashed Potatoes and Steamed Broccoli  
Key Lime Pie

## Day 3:

Dinner - Red bean Soup  
Classic Caesar Salad  
Oven baked Red Snapper with a Coconut Sauce on a bed of  
Jasmine Rice  
Mango Sorbet

## Day 4:

Dinner - Jamaican Pepper Pot Soup  
Chef Salad  
Grilled Jerk Chicken or Pork with Roasted Sweet Potato  
Grilled Vegetables  
Banana Flambe with Vanilla Ice Cream

## Day 5:

Dinner - French Onion Soup  
Tomato and Feta Salad with Basil Balsamic Vinaigrette  
Fillet of Beef with Scalloped Potatoes  
Broiled Cauliflower with Cherry Tomatoes  
Fresh Apple Pie

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Day 6:

Dinner - Cream of Corn Soup  
Green Salad with Thousand Island Dressing  
Mushroom and Cream Cheese Stuffed Chicken Breast  
Rosemary Potatoes  
Roasted Vegetables  
Chocolate Mousse

Day 7:

Dinner - Conch Chowder  
Spicy Bean Salad  
Grilled Caribbean Lobster (when in season)  
Mashed Potatoes with Orange Chili Butter  
Green Beans and Onions  
Crème Brulee

Day 8:

Dinner - Calaloo Soup  
Heart of Palm Salad with Red Onions and Feta Cheese in  
a Pineapple Poppy Seed Dressing  
Linguine with Shell Fish (Shrimp, Lobster, Scallops) in a Light  
Tomato Cream Sauce  
Cheese Cake with Tropical Fruit

Day 9:

Dinner - Hot and Sour Soup  
Caprese Salad (Tomato, Mozzarella and Basil) with Olive Oil and  
Balsamic Vinegar  
Jamaican Escoveitch Fish with Pickled Vegetables  
Fried Plantains  
Banana Crepe with Chocolate Sauce

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## Breakfasts:

Scrambled Eggs with Bacon  
Baked Eggs with Ham or Bacon and Toast  
Fried Egg on Toast with Sausages  
Poached Eggs with Sausage and Hash Browns  
Ackee, and Salt Fish with Fried Dumplings  
Spinach Cheese Omelet  
Pancake or Waffles or French Toast  
Hot or Cold Cereals  
Bagels, Toast

Coffee, Tea, Juices, Milk, Hot Chocolate

## Lunches:

Croissant with Grilled Fish or Jerk Chicken Breast  
Escoveitch Fish with Festival  
Fried Rice with Vegetables and Shrimp or Chicken  
Sweet and Sour Chicken  
Spaghetti with Tomato or Meat Sauce  
Hamburger or Hot Dog  
Club Sandwich  
BLT with French Fries  
Tuna  
Grilled Cheese  
Peanut Butter and Jelly Sandwich  
Macaroni and Cheese

## Salads:

Potato Salad with Grilled Chicken  
Pasta with Tuna  
Fresh Garden Salad  
Fresh Fruit Salad

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## Soups:

Gazpacho  
French Onion Soup  
Cream of Pumpkin  
Tomato Soup  
Red Bean Soup  
Jamaican Pepper Pot  
Cream of Corn  
Conch Chowder  
Calaloo Soup  
Hot and Sour Soup  
Chicken Vegetable Soup  
Chilled Cucumber Soup

## Dinners:

Roasted Chicken with White Rice and Beans  
Curry Shrimp with Mashed potatoes and Steamed Broccoli  
Oven Baked Red Snapper with a Coconut Sauce on a bed of Jasmine  
Rice  
Fillet of Beef with Scalloped Potatoes  
Jamaican Escoveitch Fish with Pickled Vegetables  
Linguine with Shell Fish (Shrimp, Lobster, Scallops) in a Light  
Tomato Cream Sauce  
Grilled Caribbean Lobster (when in season)  
Mushroom and Cream Cheese Stuffed Chicken Breast  
Sweet and Sour Chicken  
Herb Crusted Snapper with Mango Salsa  
BBQ Jerk Shrimp Skewers with Light Jerk Sauce  
Yellowtail Snapper stuffed with Vegetables  
Southern Fried Chicken  
Jerk Chicken or Pork  
Curried Goat  
Oxtail and Beans

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## Desserts:

Key Lime Pie  
Coconut Pie  
Apple Pie  
Cheese Cake  
Carrot Cake  
Chocolate Mousse  
Crepe Suzette  
Cream Brulee  
Banana Flambe  
Chocolate Cake  
Fruit filled Crepes

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