

WHISPERING WATERS

Fortlands Road, Discovery Bay, Jamaica, W.I.

Telephone : 876-670 0549 and 670 0550

Meal Options

DINNER

Tomato and Basil Soup
Shrimp or Crayfish Pasta
Bruschetta French bread with tomato and
mozzarella, basil and parmesan cheese
Caesar salad
Asparagus with hollandaise sauce

Bouillabaisse (seafood soup tomato based)
Spaghetti with meat sauce or tomato and basil sauce
Parmesan cheese
Corn on the cob
Caprese (sliced tomato, mozzarella, basil with
balsamic vinegar and olive oil)
Greek salad

Pumpkin soup
Baked fish stuffed with kalaloo
Rice
Corn fritters
Greek salad
Spinach balls with spicy tomato sauce

Vegetable broth
Lobster
Baked stuffed potatoes
Broccoli soufflé
Corn fritters
Cesar salad

Roast beef and gravy
Yorkshire pudding
Rice and peas
Plantain
Macaroni and cheese

Vegetables in cream sauce
Green salad

Sweet and sour chicken
Egg fried rice
Stir fried vegetables with noodles
Pepper steak
Soy sauce and scotch bonnet pepper

Broccoli and cheese soup
Chicken pie
Rice
Potato croquettes
String beans and brussel sprouts
Salad nicoise

Minestrone
Homemade pizza (vegetarian cheese, proscuitto,
pepperoni and sausage)
Caesar salad
Cabbage rolls stuffed with vegetables in tomato sauce
Corn casserole

Chicken parmiagiano
Penne pasta
Ratatouille
Bread balls
Caesar salad
Grilled fennel

Chicken Kiev
Rice
Pumpkin fritters
Baked zucchini and squash
Potato croquettes
Salad nicoise

Roast chicken and gravy
Rice
Yam casserole
Stuffed baked tomatoes
Greek salad
String beans

Steamed fish
Okra
Rice
Yam
Breadfruit
steamed kallaloo
Caesar salad

LUNCH

fricassee chicken
seasoned rice
mixed vegetables
plantain
kallaloo soufflé
chef salad

baked stiffed cannelloni
tomato mozzarella and basil salad
Caesar salad
spinach quiche

jerk chicken
roast yam
Ackee and saltfish
seasoned beans
bean salad
Greek salad

lobster grilled on the barbeque
bruschetta
Caesar salad
broccoli and cheese soufflé
baked potatoes
vegetable lasagna

fried fish
Greek salad
festival
pickled turnips
macaroni cheese
baked stuffed tomatoes

leg of lamb
wild rice
stuffed sweet pepper with vegetables
Cole slaw
potatoes

barbeque chicken
yam casserole
vegetables and cheese sauce
macaroni and cheese
Greek salad

DESSERTS

Lemon Meringue Pie
Cheese cake
chocolate cake
chocolate or strawberry mousse
fruit salad
tiramisu
ice box cake
peach cobbler
brownies

Pavlova
coconut mold
key lime pie
banana cream pie

HORS D'OEUVRES

home made salsa and Doritos
cheese rolls in toast
jerk sausage and dip
prosciutto with cantaloupe melon
guacamole and breadfruit chips
bruschetta
artichoke dip with crackers
cheese crackers and pepper jelly
shrimp and dip
stuffed crab backs with crackers
raw vegetables and dip
marlin roll with crackers

BREAKFAST

Fruit and coffee or tea
fruit juices
toast or bagels
french toast
egg muffins
omlettes
crepes
pancakes
ackee and saltfish
rundown
fried eggs, bacon and sausage
scrambled eggs and baked beans
fried fish
fish fritters and fried egg
Bagel and cream cheese with smoked salmon