



Villa Paradiso

Mammee Bay, Ocho Rios,
Jamaica

ACTIVITIES

Dolphins Cove

- About 10 minutes away is Dolphins Cove. It is a very attractive facility and you may actually swim with the dolphins. See also the tropical birds and plants as you walk through this unspoiled rainforest.
- Guests from Villa Paradiso receive a special discount and your housekeeper can book a visit for you.



Mystic Mountain

- 10 Minutes away is the newest attraction in the Ocho Rios area. You take a chair lift for a picturesque ride up to the top of the mountain and see the breathtaking views of this tropical island. An infinity pool and restaurant awaits you at the top. An exciting bobsled ride on track features a gravity-driven ride with twists and turns through an elevation of 3,280 feet. You can also traverse the rainforest on the zip line adventure.



Rafting on the White River

- The White River is just a 20 minute drive away and there your rafter will pole you down the river through the beautiful lush amazing tropical scenery on a 30 foot bamboo raft (2 people on each raft). Mid way you can stop for a refreshing swim and a cold drink.



Dunn's River Falls

- The world famous Dunn's River falls is 10 minutes from your doorstep. You can climb the falls if you are up to the challenge with a guide, or just walk along the side to admire this beautiful natural attraction of this cascading river. Don't forget to take your bath suit and swim in the refreshing water of the river.



Tubing on the White River

- Your tubing experience on the White River is an exciting adventure. Each guest will have a tube and will glide through the amazing tropical scenery and rapids. Midway, stop for a refreshing swim and a cold drink.



Island Village and Margaritaville

- Island Village is located in Ocho Rios and contains a number of duty free shops and other local souvenir shops. Stop by Margaritaville Bar and Restaurant where the kids can have swim and fun on the water slide.
- There are numerous other duty free shops in the Town of Ocho Rios.



The Crafts Market and Pottery Works

- Wassi Art Pottery Works is on Main Street in Ocho Rios. Take a leisurely walk through the studio and watch local potters creating fine works of art. We even had one young guest spend some time with one of the potters but you would have to make your own arrangements.
- The Ocho Rios Crafts Market is worth a visit if you are looking for local mementos such as wooden carvings, straw goods and paintings. The locals have small stalls filled with their crafts and some ply their crafts right on site. Bargaining is often the way the deals are made!!



Green Grotto Caves

- A fifteen minute drive away near Discovery Bay, Green Grotto Caves are said to have been a haven for runaway slaves in the 18th century. The caves are characterized by coastal limestone and are easily accessed. They feature a series of interconnected passageways and chambers, light holes, stalactites and stalagmites. Their most striking features are the rock formations and the small grotto lake at the innermost cavern.



Chukka Cove Adventures

- At Laughlands, just 15 minutes away is the Chukka Cove facility. They have many great adventures and tours which include;
- Horseback riding including in the sea.
- ATV Safari.
- Numerous Jeep Safari Tours to plantations and other sites.
- Check out their brochure for details.



Polo at Drax Hall

- A couple of miles away, on a Saturday afternoon visit Drax Hall to watch the local polo players, usually playing a match.



Bob Marley Tour

- Your driver will take you through some of the most breathtaking scenery in Jamaica, traveling via Higgin Town and Clarendon to the village of Nine Mile, a quaint little place in the beautiful mountains of St. Ann. It is here in 1945 the legendary “King of Reggae” was born and eventually laid to rest.
- You will go through the house Bob lived in as a young boy and your Rastafarian guide will share with you little known insights into Bob Marley’s childhood and musical career. Stand on “Mount Zion Rock” where Bob used to meditate and rest your head on “the pillow” made famous in the song “Talking Blues”. Finally, walk through the mausoleum, which is his final resting place.
- A must for all Bob Marley & Reggae music fans.



Golfing

- Most golf courses have clubs which can be rented and most require you to use a caddy. Carts are usually required.
- There is a good golf course about 30 minutes away at the Sandals Hotel Golf Course at Upton. It is an attractive course set in the foot hills above Ocho Rios. The slope is 128.
- The White Witch course is part of the Ritz-Carlton Resort at Rose Hall, just outside of Montego Bay and about a 1 hours drive. It is a great course in a superb setting, part of the 5,000 acre Rose hall Plantation. Enjoy the panoramic views on most of the holes. The 6,859 yard course has a slope of 139.
- Just nearby is the Cinnamon Hill course also top class with picturesque seaside holes. The course is 6,637 yards with a slope of 133.
- Other championship courses include Half Moon and Tryall, both in the Montego Bay area
- Reservations for these courses are suggested.



Snorkeling and Picnic

- A wonderful days outing is to hire “Speedy’s” boat and be taken out to the reef to go snorkeling. The abundant tropical fish and coral formation of the reef are exquisite. After you will be taken to a sandy beach and just ask your housekeeper to arrange for a picnic lunch which you can have at this idyllic spot.
- Your housekeeper can make all arrangements for you.



Water Sports at the Riu Hotel

- A 3 minute walk along the beach is the Riu Hotel. Water sport activities can be rented which include, jet skiing, para-sailing, banana boating and sailing. Scuba diving can be arranged along with diving lessons.

